



Jerusalem Artichokes

**Sprinkle Jerusalem Artichoke-Crunch
on your breakfast**

Bake delicious Jerusalem Artichoke bread

**Enjoy Jerusalem Artichoke-chips
as a healthy snack**

Use in salads

A crunchy garnish on Soup

Use in wok dishes

Sprinkle on a perfect beef steak

And so much more...



Simple, healthy and delicious

Why choose Kikkenborg dried Jerusalem Artichokes?

- Kikkenborg dried Jerusalem Artichokes are gluten and allergy free
- Kikkenborg Jerusalem Artichokes make cooking much faster and easier
- Because our cubes and flakes have retained their crisp, delicious and fresh nutty taste – just like raw Jerusalem Artichokes
- Kikkenborg Jerusalem Artichokes flakes and cubes are high in important dietary fibre and contain the carbohydrate Inulin
- Can be used all year round
- Simple, healthy and delicious

Nutritional Information:

Dietary fiber	3.8 g / 100 g
Inulin	49.7g / 100g
Potassium	23100 mg / kg
Calcium	1450 mg / kg
Iron	63.8 mg / kg



Both conventional and organic varieties available